### Republic of the Philippines

# Department of Education region vii, central visayas

#### **DIVISION OF TALISAY CITY**

Rizal St., Poblacion, City of Talisay, Cebu

Office of the Schools Division Superintendent

May 26, 2023

DIVISION MEMORANDUM No. 0213 , s. 2023

#### ESTABLISHMENT OF SCHOOL-BASED TEEN CENTER

To:

Assistant Superintendent

Chiefs, CID/SGOD

**District Supervisors** 

Elementary and Secondary School Heads

School Adolescent Reproductive Health Program Coordinators

School Registered Guidance Counselors/Designated Guidance Focal Persons

- 1. The Adolescent Reproductive Health Program is in support of DepEd's commitment under R.A. 10354 or the Responsible Parenthood and Reproductive Health Act of 2012, which mandates the institution to deliver a sustainable and age and development-appropriate reproductive health education and training for educators to create an inclusive and integrated Responsible Parenthood and Reproductive Health Education in formal, informal, and indigenous learning (DepEd Order 28, s. 2018).
- 2. This is part of the whole of government response to the ongoing challenges of high levels of adolescent pregnancies, Human Immunodeficiency Virus (HIV) infection, Sexually Transmitted Infections (STI), and other reproductive health issues among young people. In addition, to provide range of activities such as substance use prevention and mental health lectures that aim to protect and promote psychosocial wellbeing of all learners.
- 3. This Office highly recommends to the Schools to establish a School-Based Teen Center. It is a space where adolescents will feel safe and comfortable discussing issues and things concerning them. It offers a complete package of Adolescent Sexuality, Reproductive Health as well as Psychosocial Support services to the learners. It is a place co-managed by young people who are trained as peer educators, peer facilitators, and advocates who will provide preventive, demand generation and referral services.
- 4. The School Head, in coordination with the School ARH Program Coordinator, School Guidance Focal, the School Health-Aide, the rest of the school's Oplan Kalusugan sa DepEd Technical Working Group (TWG), trained School Peer Educators and Barkada Kontra Droga Officers, shall identify a location in school where to establish the School Teen Center and discuss action plans, roles and responsibilities including the coordination and referral schemes. Attached (Annex A) are the suggested activities under the School Teen Center.
- 5. For more information, please contact Dr. Emmanuel Frederic F. Cañas, Medical Officer III or Mr. Anthony M. Bornel, Nurse II, Division NDEP Coordinator, Health and Nutrition Unit (HNU), through (032) 491-5593 local 1058.
- 6. Snacks during Coordination Meetings and other incidental expenses incurred shall be chargeable against School MOOE/Other Funds, subject to the usual accounting and auditing rules and regulations.

7. Immediate dissemination of and compliance with this Memorandum is directed.

ARDEN D. MONISIT, Ed.D.
Schools Division Superintendent



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## Department of Education

# REGION VII – CENTRAL VISAYAS

### **DIVISION OF TALISAY CITY**

Rizal St., Poblacion, City of Talisay, Cebu

#### ANNEX A

### SCHOOL-BASED TEEN CENTERS SUGGESTED ACTIVITIES

ACTIVITIES	SUGGESTED MATERIALS NEEDED
Establishment of School-Based Teen Center Space	Furniture and fixtures such as tables and chairs, cabinets, etc.
Mental Health Psychosocial Support activities:  a. Art therapy  b. Music therapy  c. Recreational sports therapy  d. Other related activities	Art Materials (e.g. sketchbook, crayons, water color, knead eraser, canvas pad, pastels, pencils, scissors, paint brush, ruler, modeling clay, etc.)  Musical instruments (e.g. acoustic guitar, percussion box, etc.)  Recreational sports equipment (e.g. chess board, scrabble, boggle, damath, jumping rope, hulahoop, yoga mat, etc.)
Health Session and advocacy a. Adolescent Sexuality and Reproductive Health Seminar and Peer to Peer teen activities b. Substance Use Prevention, Barkada Kontra Droga advocacies c. Mental Health and psychosocial support sessions d. Health Teaching Sessions on Proper Hygiene Practices e. Other related activities	Session supplies and materials Rapid HEEADSSS Assessment Forms
Demand Generation Strategies Making, printing, posting of IEC Materials such as teen health guides/modules, health education posters onsite and in social media	IEC Materials
Referral System Coordination, Referral and Follow-ups	Referral Forms