

Whole Site Orientation for FP/AYSRH

Whole site orientation is a cost-effective approach to orient all staff - clinical and non-clinical - on family planning (FP) and adolescent and youth sexual and reproductive health (AYSRH). This approach ensures knowledgeable staff who become advocates for FP/AYSRH and are able to direct, counsel and provide services appropriately.

Key Outcomes of WSO

- Percent increase in clients obtaining FP services
- Number of clients served from integration sites



An FP whole site session in a facility.

Steps

1

Plan for sessions

Select family planning providers from facility health management team to conduct the sessions. Orient and coach staff on how to conduct whole site orientations. Agree on session time, plan and prepare training materials and identify where the sessions will be held. Each session is about 1-2 hours and should be held over a period of 2 to 3 weeks.

2

During the WSO session

Begin the session with climate setting and sharing objectives. Have participants sign an attendance register and walk through the session per the schedule. Ensure that there is enough time for Q&A and capture feedback and testimonials. Encourage participants to continue and complete sessions for certification.

3

Post-WSO session

Review the participant attendance list to assess completion rate. Conduct review of processes, and determine areas that require supplementation. If the facility has capacity gaps and staff who still require orientation, organize a new cycle. Organize a whole site orientation graduation where participants are recognized and certified.

List of key WSO Topics

- Overview of FP
- Medical Eligibility Criteria
- Pills - POPs, COCs, ECs
- Barrier methods
- Implants
- IUCD
- Permanent methods
- Natural FP
- Standard Days Method
- Myths and misconceptions
- Gender considerations
- Provider-initiated FP
- Infection prevention
- AYSRH
- PPFP

Quick Checklist for WSO:

- Session attendance register
- Whole site orientation schedule
- Writing materials, including stationary
- Certificates
- Copies of handouts
- Tea/snacks (optional)
- Flip charts/projector (optional)

Useful Tips

- Maximum number of session participants should be guided by level of facility and staffing patterns and other guidelines.
- Use available TOTs at the facility level, as they are already familiar with the FP training curriculum and adult learning principles.
- Early morning, lunchtime, afternoons, and evening hours have been found to be ideal times to schedule WSO sessions.
- If a local facility does not have expertise in-house to facilitate a specific session, they can invite guest facilitators.
- Share PowerPoints with participants on WhatsApp or other platforms for their future reference.
- After completion of the WSO schedule, identify participants that have completed 80% of the modules for graduation/certification and identify a potential pool for facilitating future sessions with new staff.
- Involvement of CHVs/CHWs/VHTs promotes community-based distribution of short-term methods, hence decongesting the health facilities.