

## Adolescent and Youth-Friendly Health Services (AYFHS)

### Why use this approach?

Adolescent and youth-friendly health services (AYFHS) must be offered in an environment where service providers are non-judgmental, unbiased, and considerate in their dealings with adolescents and youth. Benefits include higher quality of services being offered, increased youth access, and higher satisfaction with services. AYFHS encourage future health-seeking behavior among adolescents.



#### STEP 1: Conduct a facility assessment against existing standards

once nominated by the local government unit (LGU) to be an adolescent-friendly health facility. The facility completes a self-assessment of the key elements to operationalize the national standards for the provision of AYFHS, including: ensuring privacy, strengthening confidentiality, enhancing capacities of providers, health promotion and communication, resource mobilization, and gathering, analyzing, and using data for decision-making.



#### STEP 2: Ensure that health providers are trained in competencies in adolescent health care

using two distinct approaches. A [whole site orientation \(WSO\)](#), ensures that all staff become knowledgeable advocates for AYFHS and are able to direct, counsel, and provide services appropriately. A competency-based training is aimed at improving specific clinical knowledge and skills of health care managers, administrators, and providers.



#### STEP 3: Reinforce training through supportive supervision and coaching

on a regular basis to increase the number of competent skilled service providers within the facility who are able to offer quality family planning (FP) services to adolescents and youth.



## **STEP 4: Provide systems to inform adolescents and youth on how to access and obtain SRH services**

through signage at facilities, utilization of Barangay Health Worker (BHW) networks, social media, community mapping, intergenerational dialogues, dedicated adolescent days at adolescent-friendly facilities, and other mobilization activities.



## **STEP 5: Monitor and evaluate the standard of care delivered to adolescents at service delivery points**

using key indicators for success. Adolescent participation is an indicator to ensure that adolescents are not only beneficiaries but are also partners and leaders in the design and implementation of AYFHS.