**PARENTS’ ORIENTATION ON ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH**

PRE-TRAINING EXAMINATION

Name:

Barangay:

Put a check mark beside your corresponding answer. **There is only ONE correct answer for each number.**

1. Families have changed due to the following **EXCEPT:**
* Rapid Urbanization
* Geographic mobility
* Globalization
* Decreasing number of women employed locally or overseas
1. Latchkey children may suffer from **EXCEPT**:
* Vulnerability to Academic Problems
* Boredom
* Happiness
* Fear
1. Parenting is a:
	* Longtime profession
	* Most rewarding of adult life
	* One of life’s most important opportunities
	* All of the above
2. The six principles of human development are the following, **EXCEPT**:
	* It is a lifelong process
	* Involves transition
	* Each stages of development has general and same challenges, goals and tasks
	* It is a multi-directional
3. It is a period where adolescents want to be able to make their own decisions, choose their own friends, plan their own activities, think their own thoughts and dream their own dreams.
	* Intimacy
	* Independence
	* Identity
	* Individuality
4. The threats of an adolescents are the following **EXCEPT**
* Marriage on the right time and age
* Abortion
* Rape and other form of sexual violence/abuse
* Survival Sex
1. Which of the following is **NOT** a risk to adolescents?
* Armed conflicts
* Accurate and adequate information
* Substance abuse
* Dysfunctional families
1. Which of the following is **NOT** a way to protect your adolescents?
* Censor/choose mass media
* Tell them that they do not have options in life
* Empower your adolescents
* Take enough time with them
1. The following are effective communication with their adolescents **EXCEPT:**
* Find Teachable Moments
* Listen, Listen, Listen
* Ask-able
* Not okay to be uncomfortable when having a conversation
1. Which of the following can help you talk with your adolescents:
* With respect
* Choose the right time and place
* Understand the adolescents point of view
* All of the above

**PARENTS’ ORIENTATION ON ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH**

POST-TRAINING EXAMINATION

Name:

Barangay:

Put a check mark beside your corresponding answer. **There is only ONE correct answer for each number.**

1. Families have changed due to the following **EXCEPT:**
* Rapid Urbanization
* Geographic mobility
* Globalization
* Decreasing number of women employed locally or overseas
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* Boredom
* Happiness
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	* All of the above
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* Choose the right time and place
* Understand the adolescents point of view
* All of the above

**Answer Key**

1. Decreasing number of women employed locally or overseas
2. Happiness
3. All of the above
4. Each stages of development has general and same challenges, goals and tasks
5. Independence
6. Marriage on the right time and age
7. Accurate and adequate information
8. Tell them that they do not have options in life
9. Not okay to be uncomfortable when having a conversation
10. All of the above