

CAPACITY BUILDING

Strengthening the Capacity of Providers and Staff to Offer Quality Family Planning Services

Why use this approach?

Training is an opportunity for providers to increase their knowledge, build skills, and support implementation of high-quality family planning services by seeking solutions to day-to-day problems that they face.



Contraceptive technology updates

are a type of Continued Medical Education (CME) intended to provide technical updates and review best practices in the provision of family planning services for providers. It also helps to address prevailing provider biases or myths regarding family planning.



Facility whole site orientation

is sensitization sessions for all staff of a facility and is intended to build a supportive environment for family planning service provision. It specifically establishes the importance of each staff posted at the facility in family planning services provision, while emphasizing quality standards of family planning services, and addresses prevalent myths and misconceptions.



Infection prevention training

is an essential component in the delivery of quality family planning services. It is provided to doctors, nurses, paramedics and other relevant staff such as sweepers and ayahs to increase their knowledge and skills in infection prevention practices at the facility.



No-scalpel vasectomy training of providers

can be organized in government identified training centers. This should be supported with client mobilization at the time of the training to ensure that participants get adequate hands-on practice.



Female sterilization training

increases the pool of providers trained in laparoscopy and minilap sterilization. The Chief Medical Officer (CMO/CMHO/CDMO) can coordinate with the training centers in their cities, acquire the training calendars and ensure the participation of trainees. This should be supported by client mobilization efforts to ensure hands-on application.



Immediate post-partum intra uterine contraceptive device (PPIUCD)/interval IUCD insertion training

increases providers skills in counseling and providing long acting reversible contraceptives, such as PPIUCD/interval IUCD, so that there are no missed opportunities for women who seek to delay pregnancy after giving birth. Training a core group of providers at the district level, government delivery points can create the necessary technical capacity among nurses and other doctors to provide this service. Similarly for non delivery points the providers can be trained in interval IUCD training.



Refresher training

on clinical methods is important for providers to have updated knowledge including contra-indications, technical provision and the management of side effects and complications of the methods. Government training centers with necessary infrastructure and adequate client load can be used as the refresher training sites.