

Ensuring Well-Trained Service Providers to Meet Family Planning Demand

Why use this approach?

Improving the competencies of family planning service providers by delivering quality training ensures that the full method mix is available to potential clients. Positive provider-client interactions can have a profound effect on uptake of voluntary family planning in a community and helps ensure clients leave with their chosen family planning method.



TRAINING 1: Family Planning Training for Physicians & Nurses/Midwives

is a 13-module training on a full range of family planning topics, including interpersonal communication and counseling, adolescent reproductive health, postpartum family planning, quality of care, management information system and infection prevention, as well as all of the methods including long-acting and reversible methods. Participants are certified as family planning providers following post-training supportive supervision.



TRAINING 2: Family Planning Refresher

is a five-day course for certified family planning providers who have completed the initial four-week course in the previous three years. It focuses on counseling skills, long-acting and permanent methods, side effects management and addressing myths and misconceptions.



TRAINING 3: Family Planning Interpersonal Communication and Counseling Skills

is a five-day training course for community health extension workers and focuses on natural and modern family planning methods, interpersonal communication skills, counseling skills, referrals, record keeping and mobilizing for family planning outreaches.



TRAINING 4: Family Planning Interpersonal Communication and Counseling Skills for Non-Clinical Providers

is a three-day training course for pharmacists, pharmacy technicians/assistants and patent medicine vendors on family planning counseling, provision of non-clinical family planning methods, referrals for clinical methods and record keeping.



TRAINING 5: DMPA-SC (Sayana Press®)

training provides background information on the different types of injectables, eligibility screening, as well as how to handle sharps safely and provide and counsel on self-injection.