

WHOLE SITE ORIENTATION

Format

The WSO is targeted at improving the knowledge and awareness of the health services that are available and offered within each health facility. It will be structured into existing meetings at facility level.

- Sessions 1-3 will be completed with NURHI oversight and the repeated sessions will be facilitated by the OIC with NURHI as observers/ supervisors.
- Sessions 1 to 3 will be conducted over a 6-month period, and then repeated again during the last 6 months of the year. This ensures that new or rotating staff is engaged within a short period of time.
- A certificate of completion will be issued to each participant after completion of both sessions by the end of 6 months.
- Time frame – 1 to 2 hours
- Certificate of attendance after 6 months (desktop printed and laminated with signature of STL and STA-SD/HSS)
- Distribute DG fliers & method leaflets.
- Use Standard flip chart
- Involve the OICs/ trained provider to deliver the topics on the agenda.
- Involve the FP managers and consultants.
- On a case by case basis, consider merging WSO and FPSS in one quarter so that it is carried out the same time by the FP consultants/supervisors.
- Participants attendance list
- Provide some refreshments based on number of participants per facility.
- Develop a presentation guide
- Use flip chart as a presentation guide.

Session 1

Agenda/Topics

1. The role of family planning in improving the standard of living.
2. Traditional methods of birth spacing/family planning
3. Modern methods of FP (types, uses, benefits and side effects)
4. Myths and misconceptions about family planning (Addressing myths and misconceptions on FP)
5. Male involvement

Session 2

Agenda/Topics

1. Role of health care giver in promoting FP
2. Factors affecting utilization (Attitude, cost, method mix, side effect, biases, socio- cultural, clinic environment etc.)
3. Referrals
4. Clinic organization/Infection prevention/Performance standard
5. Discussion on key Outcomes of Omnibus survey as it relates to program implementation and successful outcomes
6. NURHI demand generation (drama series, radio/TV programs, FP slogans)

Session 3

Agenda/Topics

1. Adolescents and Youth.
2. Life Planning for Adolescents and Youth (LPAY) Services.
3. Key Components of Youth Friendly Healthcare Services.
4. Role of Health Care Giver in LPAY.

Participant List

- All facility staff
- All support staff (cleaner, gardener, record officer, etc.)
- Facilitator
- FP Clinical Practicum Student
- Interns
- Key community members/stakeholders (optional)
- Social mobilizers

Sustainability Plans

1. Leverage on the regular meetings that hold in the health facilities and dedicate one of the meetings to WSOs.
2. Key into cluster meetings (general staff meeting) held in the LGAs and facility and dedicating a session for WSO



PRESENTATION GUIDELINES FOR SESSION 1 TOPICS

1. How FP improves standard of living;
 - Define FP
 - Benefits of FP to the woman
 - Benefits to the father
 - Benefits to the children
 - Benefits to the community
2. Traditional methods of FP
 - Generate list of traditional methods within the community
 - Discuss new and old societal beliefs around rearing children
 - Discuss failures of traditional methods
3. Modern methods of FP
 - List modern methods
 - Uses
 - Side effects and how to deal with it, including when to report to the clinic
4. Myth and misconceptions/rumors
 - Define myth & misconception
 - Generate list of rumors & misconception
 - Address them
5. Male involvement
 - Discuss roles of men in FP/consent
 - Male methods of FP
 - Discuss how to get support of men in FP

PRESENTATION GUIDELINES FOR SESSION 2 TOPICS

1. Role of health care giver in promoting FP
 - Present overview of FP and its benefits (facilitator should briefly review the different FP methods and their benefits)
 - Family planning method promotion through use of SBCC materials (jingles, radio drama TV series, neighborhood campaign) facilitators should discuss the various SBCC strategies of NURHI and find out if they are familiar with it
 - Outline the importance and the need to create awareness about these activities
 - Trainers should add on to roles enumerated by participants.
2. Factors affecting utilization of FP services (Provider's Attitude, cost, method mix, side effect, biases, socio-cultural, clinic environment etc.)
 - Discuss how the factors affect uptake of FP
 - Address issues raised based on the discussion
 - Reemphasize the importance of FP



3. Referrals
 - Discuss FP methods available in the facility
 - Discuss the involvement of the participants in referring potential clients to the facility.
 - Discuss the importance of creating awareness in the community (in church, Mosque and community gatherings)
 - Discuss the importance of completed referrals (documentation and follow up)
 - Discuss the various levels of referral (when and where to refer clients).
4. Clinic organization/Infection prevention/Performance standard
 - Discuss the importance of infection prevention (waste disposal, hand washing and disinfection/decontamination)
 - Discuss the role of participants towards ensuring infection prevention
5. Discussion on key Outcomes of Omnibus survey as it relates to program implementation and successful outcomes
 - Discussions on key issues identified from the conducted survey
 - Generate views from participants on their roles in addressing these issues

PRESENTATION GUIDELINES FOR SESSION 3 TOPICS

1. Adolescents and Youth
 - Definition of adolescent/youth (including physical, mental and emotional development)
 - Discuss characteristics of adolescents and youth
 - Discuss common challenges of adolescents and youth
 - Outline the youth/adolescent RH needs

2. LPAY Services
 - Components of LPAY services
 - Outline factors that inhibit uptake of LPAY
 - Outline factors that promote uptake of LPAY
 - Discuss the importance of integrating LPAY in other health and social programs/intervention
 - Discuss Counselling and Information for LPAY
 - Discuss Service Provision for LPAY
 - Discuss Referral for LPAY

3. Key Components of Youth Friendly Healthcare Services
 - Define and outline the components of Youth Friendly Healthcare Services
 - Discuss importance of neat, attractive and private settings
 - Discuss importance of simple and fast client flow within the facility
 - Discuss the importance of interpersonal communication skills in LPAY



- Discuss the importance of confidentiality & privacy in LPAY
- Discuss the importance of referral and linkage to appropriate services in LPAY

4. Role of Health Care Giver in LPAY

- Discuss the role of HCW in LPAY
- Outline telling signs used to identifying AYRH issues/needs in the community
- Outline again the importance of adequate referrals and linkages to LPAY
- Outline importance of linking youth and adolescents to confidential counselling/social services
- Discuss linkage between HCWs and Social support services/relevant agencies or line ministries – outline state specific processes and contact details

