



AYSRH WHOLE SITE ORIENTATION

INTRODUCTION

Adolescent and youths form a large and important part of the general population. This transitional group is faced with much challenges and confusion with regard to reproductive health. They also form a big part of the clients and patients visiting the health facilities.

However, most health care workers are still facing challenges in handling young people in relation to AYSRH. These challenges have been attributed to many issues such as policy gaps, lack of basic infrastructure for AYSRH service provision and inadequate knowledge, skills and attitude among facility staffs.

Facility guards, cleaners, grounds men, community volunteers have contact with young people whenever they come to the facility. Whole site orientation will aim at equipping the entire staff body with an understanding and appropriate information on AYSRH. Prioritization of youth agenda and service delivery will be the main focus during the sessions.

BROAD OBJECTIVE.

To acquire knowledge, attitude and skills on adolescent & youth sexual and reproductive health issues.

SPECIFIC OBJECTIVES

- To understand the meaning of Adolescent, youth, young people and teenagers
- Discuss the rationale for focusing on the young people
- Discuss ASRH problems faced by young people
- Discuss on communication skills for the benefit of young people
- Discuss on referral strategies from the community to the facility for young people
- Explore on innovative ideas on how to promote AYSRH

EXPECTED OUTCOME

- Improved understanding of AYSRH service delivery
- Improved referral and management of young people at the facility
- Improved communication between facility staffs and young people
- Increased access and uptake of RH services for young people

FACILITATORS

The facilitators will be drawn from the trained AYSRH mentors. These are nurses and clinical officers who have undergone orientation on AYSRH.

PARTICIPANTS

The participants will be drawn from the health facilities. The service providers, subordinate staffs and casual workers will have a chance to participate in the session.



CURRICULUM

The curriculum for facility orientation will be derived from the AYSRH curriculum. Areas of interest will be:

- AYSRH policy dissemination
- AYSRH vital statistics
- Overview of FP methods
- Communication with young people
- Ways of increasing demand and access to AYSRH services among young people

SESSIONS

Six sessions will be conducted at the facilities.

SESSION	TOPIC	DURATION
1	Introduction <ul style="list-style-type: none"> • Introduction to TCI • RH/AYSRH situation in specific geography (vital statistics) and policy environment 	2 hours
2	Focus on young people <ul style="list-style-type: none"> • Global youth today • Adolescent health challenges • Reproductive health risks for young people 	2 hours
3	Adolescent contraception <ul style="list-style-type: none"> • Barriers to contraceptive use among adolescent • Myths and misconceptions 	2 hours
4	Successful adolescent reproductive health programs <ul style="list-style-type: none"> • Making clinical services available for young people 	2 hours
5	Model for adolescent information <ul style="list-style-type: none"> • Adolescent communication • Life planning 	4 hours
6	Innovation for AYSRH <ul style="list-style-type: none"> • Community approaches to AYSRH • Facility Innovation 	2 hours

LOGISTICS

- The facilitators will be provided with lunch and transport
- The participants will be given refreshment during the session