

**Association of Family & Reproductive Health
&
Nigerian Urban Reproductive Health Initiative 2**

**2-DAYS ORIENTATION ON INTERPERSONAL COMMUNICATION AND COUNSELING (IPCC) & REFERRAL FOR
FAMILY PLANNING METHODS**

Date:

Venue:

AGENDA

Day 1- Monday, 20th February, 2017		
Time	Activity	Methodology
9:00 – 9:10am	Arrival & Registration	
9:10 – 9:30am	Get acquainted	Participants introduce themselves
9:30 – 9:45am	Setting of ground rules	Brainstorm on ground rules
9:45 – 10:00am	Training goal and objectives	Presentation
10:00am – 10:20am	Pre test	
10:20am – 11:00am	Overview of NURHI 2 project	Presentation
11:00am – 12noon	Introduction to Family Planning contraceptive methods <ul style="list-style-type: none"> • Oral Pill • Condoms (Male and Female) • Injectables (Depo-provera and Noristerat) • Implant (Jadelle and Implanon) • IUD • Sterilization (Vasectomy and Tubal Ligation) 	Presentation: Display sample of each method
12noon – 12:20pm	Overview and benefit of family planning	Participants activity
12:20pm – 1:30pm	Interpersonal Communication & Counseling <ul style="list-style-type: none"> • Five fundamental areas of IPCC • Types of interpersonal communication • Managing challenging situations in counseling 	Use games and role play to reinforce learning (split group into 5 i.e. 20 participants per group)
1:30pm	Lunch/Closing	

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Day 2 - Tuesday, 21st February, 2017

Time	Activity	Methodology
9:10 – 9:20am	Where are we?	
9:20 – 9:50am	Addressing Provider Bias using HCD approach	Use values clarification statements to address bias and facilitator should refer participants to guidelines
9:50 – 10:50am	Counselling skills <ul style="list-style-type: none"> • Importance • Qualities in an effective counsellor • Steps in counselling 	Presentation
10:50 – 11:20am	Role play on IPCC	Role play and case studies
11:20 – 12noon	Role of Non-Clinical Provider in FP referral	Presentation – NURHI 2 referral model using GO card and share list of clustered HVS
12noon – 1:00pm	Use of job aids and other support materials	Presentation – Display the non-clinical cue cards and FP pocket size
1:00pm- 1:20pm	Record Keeping and its importance	
1:20pm – 1:30pm	Post test and closing	
1:30pm	Lunch/Closing	

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