

Family Planning Mentorship Log Book

Name of Mentee: _____

Health Facility : _____



Instructions:

- Mentees are required to attain competency on humanistic models before practising on actual clients
- Minimum number of practice sessions— See Appendix 1

Relevant Reading Materials;

1. FP National Guidelines
2. RH FP Learning Checklists

Date	Demonstration done by mentor (Yes/No/NA)	Skill being practised by mentee	Name / No. of FP Client	Mentee Comments	Mentor Comments	Mentor Name and Signature
General Comments						

Date	Demonstration done by mentor (Yes/No/NA)	Skill being practised by mentee	Name / No. of FP Client	Mentee Comments	Mentor Comments	Mentor Name and Signature
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Appendix 1: Minimum Expected Number of Times Procedures must be performed before certification

Skill	Expected Number of times procedure is practised under observation	Expected Number of clients to be attended
Implants	5	10
IUCD	5	10
Standard Days Method	5	5
Counselling (BCS)	5	10
Pills (COCs / POPs)	5	10
Injectables	5	10

Notes:

