



MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.

PROVIDER MATERIALS.

1. Can any woman use the injectable?

• Yes, injectables are safe and suitable for nearly all women including women who are breastfeeding, have or have not had children. Women who are HIV positive can also safely use injectables. A woman can begin using injectables even when she is not having monthly bleeding at the time, if it is reasonably certain she is not pregnant.

2. Does the Injection cause birth defects? Will the fetus be harmed if I accidentally use the injection when I am pregnant?

• No. Evidence from studies on other hormonal methods shows that hormonal contraception will not cause birth defects. The fetus will not be harmed if you become pregnant while using the injectable or accidentally starts the injectable when you are already pregnant.

3. Does FP cause cancer?

• No. Studies have not shown increased risk of any cancer with use of implants.

4. How long does it take to become pregnant after the implants/FP are removed?

• Women who stop using implants can become pregnant immediately. However, in some women there may be a delay in return to fertility of about 6 months. Implants do not, cause infertility.

5. Can the pill change my mood or sex drive?

• No, not really. Some women using the pill report these complaints. The great majority of pill users do not report any such changes. Some women report both their mood and sex drive improve because they are protected and do not worry about getting an unintended pregnancy.

6. Should vasectomy be offered to only men who have reached a certain age or have a certain number of children?

• No. there is no justification for denying you are a vasectomy just because of your age, the number of living children, or your marital status. You are allowed to decide for yourself whether or not you will want more children and whether or not to have a vasectomy.

7. Can the IUCD travel from the uterus to other parts of the body such as the heart or brain?

• The IUCD does not travel to any part of the body outside the uterus. It normally stays within the uterus like a seed in a shell until the time of removal.

8. Can a woman who has never had a baby use an IUCD?

• Yes. Even if you have not had children you can use an IUCD. There is no minimum or maximum age limit.





MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.



MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.



MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.



MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.



MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

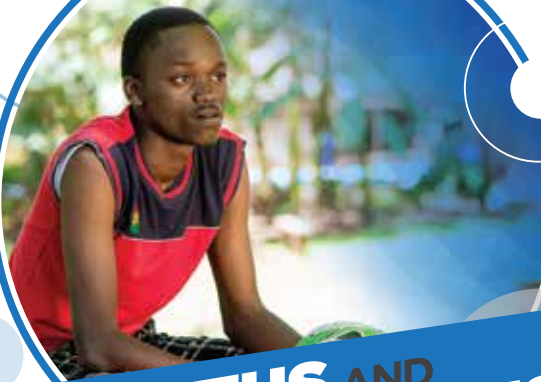
- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.



MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.



MYTHS AND MISCONCEPTIONS ON FAMILY PLANNING

CLIENT MATERIALS.

1. Does family planning make a woman infertile?

- No, family planning does not make a person infertile but rather it works in a way that will stop you from getting pregnant until that desired time when you are ready.

2. Family planning causes women to have birth defects.

- No, this is not true. Family planning does not cause birth defects and will not otherwise harm the fetus if a woman becomes pregnant while using family planning.

3. Family planning causes Abortion.

- Family planning prevents pregnancy by stopping or postponing the egg from being released from the ovary. If you are pregnant and use family planning, it will not stop the pregnancy.

4. Vasectomy is the same as castration.

- No, castration is done to animals and involves permanently damaging the testicles. Vasectomy does not affect the testicles so the man functions in the same way as he has been.

5. Family planning causes cancer.

- Family planning does not cause cancer and it is sometimes used to treat uterine cancer.

6. Family planning makes young people infertile.

- It is not true, family planning can be used by any woman whether young or old, have had children or not. It doesn't discriminate.